

# Heron Way 10k 2017 Results

First finisher - Mark Furth 39:40

First Female - Louise Clarke 43:35

First Heron Way Parent (male) - Michael Dargue 42:33

First Heron Way Parent (female) - Becky Merrit 54:00

First Heron Way Staff Member - Amy Biggs 1:07:45

	Name	Number	Time		
1	Mark Furth	245	39:40	M	Henfield Joggers
2	Nick Street	23	41:07	M	
3	David Howard	280	41:40	M	
4	Michael Dargue	275	42:33	M	Horsham Tri Club
5	Phillip Weiss	276	42:54	M	Horsham Track Club
6	David Jones	89	43:02	M	Horsham Joggers
7	Allan Clarke	278	43:23	M	Horsham Joggers
8	Louise Clarke	279	43:35	F	Horsham Joggers
9	Stephen Threlfall	71	43:55	M	
10	Matt Whyman	243	44:02	M	Horsham Joggers
11	Mark Hawthorne	95	44:26	M	Horsham Joggers
12	Rebecca Rankin	84	44:51	F	Horsham Joggers
13	Dan Purchase	30	45:02	M	
14	Matthew Allen	266	45:13	M	
15	Paul Aylett	229	45:42	M	Horsham Joggers
16	Paul Chantler	246	45:58	M	Horsham Jogger
17	Edwin Graham	224	46:11	M	
18	Adam Wicks	86	46:15	M	
19	Stephen Russell	259	46:27	M	
20	Graham Niewwoudt	26	46:33	M	
21	Matt Theirk	21	46:34	M	
22	Michael Keen	230	46:35	M	Genius Joggers
23	Gary Curran	39	46:43	M	
24	Karl Bannister	9	46:48	M	
25	Mike Weatherall	55	46:51	M	
26	Colin Minto	24	47:10	M	
27	Myles Baker	56	47:14	M	
28	Andrew Clark	73	47:19	M	
29	Mark Smith	22	47:30	M	
30	Nick Bellinger	4	47:33	M	
31	Tom Walters	19	47:34	M	
32	Gareth Sear	120	47:45	M	

33	Owen Marfany	66	47:59	M	
34	Matt Grantham-Hill	18	48:21	M	
35	Dan Garman	85	48:36	M	
36	Rachel Watts	281	48:46	F	Crawley Saints & Sinners
37	Rob Shapland	67	49:05	M	
38	Abi Truelove	29	49:09	F	
39	Stephen Evans	233	49:18	M	
40	Kathryn Woodruffe	212	49:18	F	Park Run Horsham
41	Mike Clark	54	49:22	M	Mel's Milers
42	Matthew Healey	231	49:26	M	
43	Stuart Sandell	42	49:33	M	
44	George Breacker	32	49:35	M	
45	Christopher Wood	52	49:37	M	
46	Peter Wright	206	49:41	M	
47	Richard Harwood	57	49:45	M	
48	Grant Ellis	5	50:32	M	
49	Ronald Shannon	99	50:47	M	Horsham Blue Star Harriers
50	Gary Holford	296	51:00	M	
51	Elizabeth Felix	226	51:06	F	
52	Robert Swan	262	51:16	M	
53	James Hawthorne	96	51:22	M	
54	Graham Howitt	108	51:26	M	
55	Martin Owens	220	51:34	M	
56	Stewart Mackman	44	51:38	M	Horsham Blue Star Harriers
57	Ian Moore	102	51:53	M	Henfield Joggers
58	David Burt	65	51:57	M	
59	James Atkinson	20	52:07	M	
60	David Razzell	261	52:12	M	Henfield Joggers
61	Ross Cheney	16	52:14	M	Crawley Run Crew
62	Geoff Fisher	258	52:17	M	Horsham Joggers
63	Fee Hartwell	97	52:27	F	
64	Ashley Smith	98	52:28	F	
65	Stephen Entecott	46	52:33	M	Horsham Joggers
66	Clive Walker	87	52:36	M	Horsham Joggers
67	Adam Bishop	273	52:37	M	
68	Nick Walters	210	52:46	M	
69	Emma Walters	209	52:46	F	Horsham Joggers
70	Liza Cowdrey	272	52:47	F	Crawley AC
71	Rob Carter	83	52:48	M	
72	Ian Lower	263	52:49	M	

73	Derry Jarvis	75	52:55	M	
74	Lisa Jarvis	76	52:55	F	
75	Ian Smith	33	52:58	M	
76	Victoria Robins	49	53:10	F	Horsham Joggers
77	Nigel Harrison	282	53:20	M	
78	Eddie Winter	254	53:24	M	Arena 80
79	Larry Foister	69	53:38	M	
80	Andrew Clayton	70	53:38	M	
81	Nick Tasquier	27	53:38	M	
82	Charlotte White	223	53:51	F	
83	Robin Brogan	260	53:58	M	
84	Becky Merritt	3	54:00	F	
85	Mike Balfour	244	54:16	M	
86	Emma Johnson	215	54:27	F	
87	Jo Banner	41	54:32	F	
88	Lee Moss	63	54:37	M	
89	Robert Hunt	36	54:46	M	
90	Juliette Fine	72	54:47	F	Arena 80
91	Walter Edgar	239	54:48	M	Horsham Joggers
92	Stuart Littler	277	54:49	M	
93	Andrew Jackson	6	54:59	M	
94	Craig Jenkins	106	55:00	M	
95	Geoff Wilson	211	55:13	M	
96	Belinda Bishop	274	55:26	F	
97	Amy Rothwell	43	55:42	F	
98	Dan Thompson	219	55:42	M	
99	Martin Smith	103	55:51	M	
100	Alex Land	8	56:02	F	
101	Leonie Edward	35	56:15	F	
102	Charlotte Barlow	264	56:26	F	
103	Claire Miller	12	56:36	F	
104	Polly Cooper	208	56:55	F	
105	Andrew Cooper	207	56:55	M	
106	John Booiter	297	57:06	M	
107	Melissa Birch	269	57:12	F	
108	Ian Nicholson	62	57:17	M	Horsham Joggers
109	Gareth Jones	110	57:27	M	
110	Leigh Moore	101	57:54	F	Henfield Joggers
111	Charlie Mitchell	117	57:55	M	
112	Katherine Abbott	92	58:16	F	

113	Sarah Howitt-Jones	109	58:17	F	
114	Steven Haines	94	58:22	M	
115	Aaron Baker	60	58:32	M	
116	Jo Hopkins	58	58:34	F	Horsham Joggers
117	Sophie Tuhill	119	58:38	F	
118	Sabine Maguire	270	58:56	F	
119	Nikki Bache	213	59:20	F	
120	Sue Kemp	252	59:38	F	Crawley Saints & Sinners
121	Hayley Calshot	237	59:44	F	
122	Benedict Goddard	100	1:00:10	M	
123	Richard Turner	225	1:00:56	M	
124	Andrew Robins	50	1:01:07	M	Horsham Joggers
125	Emma Whyman	242	1:01:08	F	Horsham Joggers
126	Katie Burt	64	1:01:29	F	
127	Austin Hindman	257	1:01:35	M	
128	Susie Hindman	256	1:01:35	F	
129	Siobhan Wheeler	247	1:02:00	F	
130	Steph White	74	1:02:11	F	Horsham Tri Club
131	Mari Salo-Oja	238	1:02:19	F	
132	Stacey East	77	1:03:09	F	
133	Rob Stables	118	1:03:23	M	
134	Joanne Hartland	82	1:03:45	F	
135	Mark Gilroy	236	1:04:04	M	
136	Helene Euston Mellor	222	1:04:26	F	Horsham Tri Club
137	Mary-Anne Wadey	234	1:04:49	F	Horsham well being
138	Rohan Hill	38	1:04:53	M	
139	Karen England	218	1:05:05	F	
140	Emma Collin	227	1:05:18	F	
141	Jenni De Burgh	255	1:05:28	F	
142	Julie Sanders	249	1:05:34	F	
143	Heather Cord	248	1:05:35	F	Crawley Run Crew
144	Annabel Kolter	250	1:05:35	F	
145	Joanne Langdon	251	1:05:36	F	Crawley Run Crew
146	Amanda Partridge	93	1:06:31	F	Mel's Milers
147	Sue Newman	48	1:06:42	F	Horsham Joggers
148	Helena Wicks	265	1:06:56	F	
149	Tracey Martin	45	1:06:56	F	Horsham Joggers
150	Jane Rayner	81	1:07:10	F	
151	Clifford Pemberton	105	1:07:12	M	Crawley Saints & Sinners
152	Becky Gallagher	10	1:07:25	F	

153	Lucy Francis	241	1:07:25	F	
154	Claire Mittendorfer	11	1:07:25	F	
155	Rebecca Walsh	283	1:07:27	F	Horsham Joggers
156	Amy Biggs	14	1:07:45	F	
157	Dawn Whamond	267	1:07:56	F	Horsham Wellbeing
158	Aaron Brennan	235	1:08:00	M	
159	Andrew Clark	51	1:08:00	M	Arena 80
160	Vicki Curtis	88	1:08:22	F	Run Horsham
161	Charlotte Crutchington	104	1:08:24	F	Worth Way
162	Sandra Douse	79	1:08:55	F	
163	Grace Newton	25	1:11:20	F	
164	Louise Hill	37	1:11:25	F	
165	Claire Grantham-Hill	17	1:11:30	F	
166	Mia Reilly	295	1:11:37	F	
167	Karen Spence	221	1:11:53	F	
168	Jean Salt	240	1:11:53	F	Horsham Joggers
169	Rachel Detnon	253	1:11:54	F	Horsham Joggers
170	Claire Tilson	40	1:12:35	F	Horsham Joggers
171	Dan Cobden	216	1:12:42	M	
172	Samantha Healey	232	1:12:51	F	BRJ Run & Tri
173	Meg Burnal	15	1:13:14	F	Horsham Joggers
174	Stephen Hook	34	1:14:40	M	
175	Carol Brown	59	1:15:22	F	Horsham Joggers
176	Kathryn Ellwood	271	1:16:11	F	
177	Lucy Keeling	68	1:16:54	F	
178	Sue Smith	13	1:16:54	F	Run Horsham
179	Martyn Clack	47	1:19:32	M	
180	Laura Brown	80	1:19:48	F	
181	Pauline Nicholls	91	1:21:11	F	Run Horsham
182	Julie Smith	268	1:21:12	F	
183	Martin Nicholls	90	1:21:12	M	Run Horsham
184	Nina Prentice	31	1:22:57	F	
185	Martyn Greaves	78	1:24:03	M	Fittlewort Flyers
186	Brenda Sweeney	214	1:25:14	F	
187	Cynthia Dee	228	1:41:58	F	Henfield Joggers
188	Melissa Jenkins	107	1:49:09	F	
189	Peter Chittenden	217	1:55:00	M	
190	Sue Riches	111	1:55:15	F	
191	Nicky Kirton	28	1:55:15	F	
DNF	Alastair Craig	2			

DNF	Adam Harding	7			
DNF	Vicky Storer	53			Mel's Milers
DNF	Natalie Buckman	61			